For more dialogue sheet visit http://www.dialoguesheets.com

"Nothing in life is to be feared, it is only to be understood. Now is the

time to understand more, so that we may fear less." Marie Curie

build on the Follow up of this results

Effectiveness

On a scale of 1 to 10 agree how effective you have been at doing the 3 items you listed in step 2.

1 = Not at all10 = Ideal

4. Time - check

Check how long you have taken to get here; how long you can continue working on this sheet? If it helps, write the number of minutes you will spend discussing each remaining question next to the question.

Success

Which of the 3 items considered in steps 2 and 3 has been the most successful.

- * How did you achieve that success?
- What benefits have you seen from the change?

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"They always say time changes things, but you actually have to change them yourself." -- Andy Warhol

S. Norkis

"Understanding is a two-way street." Eleanor Roosevelt

to have changed often" Winston Churchill

"There are no problems, only solutions." John Lennon

"One of the painful things about our time is that those who feel certainty are stupid, and those with any imagination and understanding are filled with doubt and indecision" Bertrand Russell

Use this space however you like, for: notes, ideas, comments and suggestions.